

# January Newsletter

**December** was a successful month as many partnerships were formed and several courses were booked. *TME* is proud to partner with *Horses Enriching People* to offer two fundraising courses for them at **Ottawa's Greenbelt Riding School**.

A variety of courses for adults and children will be available at Frontier Trails during their 7-week programs from July 1-August 16. **Frontier Trails** is a riding, adventure, and musical camp, and we are looking forward to offering *Equi-Health Canada's* courses there to expand campers' knowledge and camp experience this summer.

We also look forward to a weekend away in August at **Horse Country Campground** to teach an adult and children's course, while enjoying trail rides and the amenities of Wilderness Tours in Forester's Falls. Pack up your family and horses and enjoy a relaxing, educational, and affordable time away.

## 2014: the Chinese Year of the Horse!

A new calendar year gives room for new habits and new techniques! *TME* encourages you to make your horse's care a top priority throughout the upcoming year through developing a herd management program that best suits yourself and your four-legged friend(s). Designate proper times of the year to deworm and take vital signs, and always spend time stretching and massaging!

Don't forget about one of the most important yet overlooked parts of the horse-the teeth! The horse's head is filled with teeth from inside their lips to behind their eyes. They are affected by equipment, nutrition, age, and more, and therefore must get the attention and consideration they deserve!

It's a new year...do  
you need to restock  
your barn's first aid  
kit?

Have it all at your fingertips!

## Coming up next month...

Otterson Lake Farm in Deep River is hosting an adult course on **February 15** from 8:30 a.m.-4:30 p.m. Space is still available. Register today for \$149 plus tax to learn how to recognize and alleviate equine pain and sickness.



Proudly an independent consultant of Equi-Health Canada

